

Municipality of Pictou County



Rural News & Views

Spring 2018

Pictou County Representative Volunteer



Pictou County Representative Volunteer Pat Christensen and her husband Ray.



Message from the Warden

by Robert Parker



Spring is in the air and around our Council table, spring means budget time. Your 12 electoral Councillors will be doing their best to stretch your dollars to supply the necessary and desired services to all our various communities. Our hope is always to keep the County's tax rate the same as previous years. Of course, like in our own individual spending, costs are always going up and the only thing that allows us to keep the tax rate at the same level is increased assessments. Some of that is on current properties if the average selling price of neighboring homes is on the rise and the rest is from new construction in our rural County. Despite the prolonged downturn in the economy, new construction, both residential and commercial, has been relatively good with some dip in 2017 but it seems to be bouncing back. Councillors always try hard to keep expenditures in line to prevent tax increases and I personally hope we can continue to do that. As low tax rates as possible is one attraction for new people to move into our rural County, often from elsewhere in the province or country.

Of course, one of the biggest factors in attracting more people to our County, rural or urban, is good paying jobs. Our Municipality has worked closely with our 5 neighboring units to develop a REN (Regional Enterprise Network). It has been in the works for 2 years but is

finally ready to go and will hopefully be the spark that causes our Pictou County economy to grow, both by expansion of current enterprises and attraction of new businesses from within or from away. Good jobs are a major key to maintaining and growing our economy. A big THANK YOU to the eight individuals who have agreed to serve on the original Board of Directors for our Pictou County REN. I have confidence that we have an excellent mix of business and community people with the knowledge, drive and passion to give this their very best effort. They, along with a CEO hired by the Board, will operate the REN, free of political interference.

Your County government has put a lot of pipes in the ground, both water and sewer, over the last 20 years. This has made life much better in many areas, the latest in the Plymouth/MacLellan's Brook area and soon this spring in the Springfield Estates and Abercrombie areas. We are now switching (not totally) to look at putting towers in the air to greatly improve high speed internet and cellular service to many of our rural areas that are poorly served. We have contracted a non-profit called I-Valley to map out a plan and strategy to make this happen. They should be reporting by this summer. Both provincial and federal governments realize the importance of this infrastructure and their contributions will greatly stretch our municipal dollars to allow us to do more sooner to improve this vital service. Without it, people will not move here and

our population will continue to decline.

A final subject that I will touch on for now is Viola's Place, a homeless shelter planned for New Glasgow. Most of our homeless people in rural areas tend to migrate to New Glasgow where other help is available. We all own the responsibility to help those who find themselves in desperate circumstances, regardless of the reasons. I am pleased that our Council was the first in the County to come forward with the asked for donation (\$8,000) to help purchase a building for Viola's Place. I have mentioned several times in this piece of the need to attract more people to our rural communities and to our County as a whole. This is absolutely vital. I believe

that one of the biggest factors in drawing people to our area is how we treat each other when a need arises. We feel the pain of Humboldt, we feel the pain of Toronto and we help all we can whether it be far away or close to home. Helping those in dire straits at home is also very important and as your Warden, I am proud of the many businesses, individuals, churches and Councils that have stood up and put their dollars forward for this very worthy cause.

Enjoy a wonderful summer, get out and take in our beautiful County by trail, by road or by sea. Be safe, take care of one another and say a kind word to a stranger.

2018 Volunteer Week

The Provincial Volunteer Awards Day was held in Halifax at the Westin on April 9th. At this reception each Municipality from throughout the province selected a representative volunteer to attend. The Municipality of Pictou County's volunteer representative was Pat Christensen of Abercrombie. The Municipality of Pictou County would like to take this opportunity to congratulate Pat for being selected as the representative for recognition during the 2018 Provincial



Lieutenant Governor Arthur LeBlanc, Pictou County Representative Volunteer Pat Christensen, Premier Stephen MacNeil and Minister of Communities, Culture and Heritage Leo Glavine.

Volunteer Week Activities. We would also like to thank her for her years of volunteer service.

District 8

Well it's spring and we are on to another construction season. The County is busy with many projects notably in District 8 with projects in Springfield Estates and Abercrombie. Also in District 8 we have sidewalk projects underway in Alma and on MacGregor Avenue.

The county and the other municipal units in Pictou County have come to an agreement on a Regional Enterprise Network. This organization is tasked with helping to attract new business to the County and also to help existing businesses to grow. This is truly a positive direction to help with our Economy here in the County.

Another initiative that the County has undertaken is to explore the possibilities of providing high speed internet to all residents that have been underserved. This service is important for the educational and socio-economic health of our region.

The Council and administration continues to be prudent in making decisions regarding the economic health of the county. We are and will continue to be in the near future in a good financial position to take initiative in creating a prosperous environment for all our residents.

*Larry Turner
Councillor – District 8*

District 9

Hello again everyone. Spring 2018! It is great to see longer days filled with warmth and sunshine. Everyone is ready for some nice weather. I have been busy over the winter months with the issues of District 9 and the County. I have attended many meetings and am working hard to ensure that District 9 is well represented and your voices heard.

I attended Northern Pulp public information sessions on a new effluent treatment facility for the Pictou County pulp mill. There is public concern which I share regarding this proposed treatment facility. Can we be ensured that the placement of the effluent pipe will not have an impact on fisheries, the environment and our health? What effects will be done long term to our town waters, Northumberland Strait/ Atlantic Ocean waters with destruction of marine life, our Atlantic fishing industry and our tourism industry? We must remain educated and proactive on

this very important proposal.

I also participated in the information session that was held at the Pictou County Wellness Centre to discuss collaborative practice. Our current health care system and province-wide shortage of primary care physicians is affecting all of us. A collaborative practice partners physicians with nurse practitioners, social workers and other health care professionals. The goal is that when you go into a collaborative practice you are seen by the health care provider that will help you with your health care needs. I will continue to advocate for improvements to our health care.

I would like to take this opportunity to once again thank the Linacy Fire Department for their tremendous service in all that they do for our District. During the power outage the firefighters opened the Fire Hall as a comfort center for residents to charge their phone, warm up, make tea or

coffee, have a muffin and socialize. Also congratulations to the ladies auxiliary on a successful pancake breakfast. I hear they are having a ham and salad lunch in May, let's have lunch and support the ladies.

District 9 would like to congratulate Kennedy Tupper of Anderson's Mountain on her recent volunteer award from the Town of Trenton and for all of her efforts spearheading the campaign and the opportunity for the Trenton Minor Sports Community Centre to win a \$250,000 renovation grant through Kraft Hockeyville. Awesome job Kennedy!

Hillside Community Society is planning their first fundraiser this June. The society is selling tickets on a dozen market lobsters, draw to take place June 16th. Please buy a ticket to support this worthy cause. The group is working hard to improve our community with a much needed community centre in Hillside. If you have some time to volunteer and would like to join the group call Sadie Boyles at 902-755-3938.

Hillside Girls Club is celebrating their 75th Anniversary this year. Amazing! What a milestone, thank you for the many years of dedication to our girls and our community. A special thank you to Ellen Murphy and Sandra Hattie for keeping Anna Carmichael's dream alive. The Girls Club will be holding a

75th Anniversary Celebration on July 21 at the North End Recreation Centre, New Glasgow. More details will later be announced.

The condition of our roads continues to be an ongoing challenge. I will continue to lobby for road and safety improvements. Please call me with any road issues and I will do my best to assist. I have asked Council to look into the intersection and traffic lights at the intersection of Abercrombie Road and the Trenton Connector.

The next District 9 community meeting is being planned for May at the Linacy Fire Hall, date to be announced. These meetings are a chance for the residents of District 9 to get together and learn about each other's community and bring forth ideas to improve District 9. I look forward to seeing you at the community meeting and working for you on the issues which are important to you. Please feel free to contact me with your ideas, input or concerns at anytime.

I wish to take this opportunity to congratulate all university, college and grade 12 graduates on the completion of their studies and to all other students, congratulations on a successful year.

Have a fun and safe summer.

Peter Boyles

Councillor – District 9

peter.boyles@munpict.ca

902-755-3938

Caribou Women's Institute

Caribou Women's Institute was founded in 1967 and is still going strong. We meet on the second Monday of each month at the Bayview Community Hall, however during winter (January through March) we meet on Sunday afternoon in Pictou.

Come join us – make new friends,

catch up with old friends, do a little volunteer work, hear a guest speaker, learn a craft, learn more about your community, your province, your country. For more information please contact Fautina Smith at 902-485-8212 or Ruth Wortman at 902-382-2000.

Pictou County Volunteer Appreciation

The Pictou County Volunteer Appreciation Banquet was held on April 21st at the Plymouth Fire Hall. This banquet is held each year honouring the many groups and individuals who give so freely of their time. This volunteer effort is what makes Pictou County so great. Over thirty volunteer groups and organizations were recognized this year for their volunteer efforts and Pat Christensen was the guest speaker for the evening. The Municipality would once again like to express appreciation to all volunteers, especially those who were unable to attend the banquet. We extend our deepest gratitude for your unselfish giving of yourselves. Our heartfelt appreciation for

volunteers who make Pictou County a better place to live, and our wish that all volunteers continue to enjoy good health and to be able to continue with their community efforts.

Following are the award recipients recognized at the banquet:

Volunteer Group (with a facility) – Plymouth Community & Recreation Association

Volunteer Group (without a facility) – District 3 Community Association
Volunteer Youth Group – Pictou County 4-H Leaders Council

Volunteer Sport Youth Group – Pictou County Basketball Association

Volunteer of the Year – Pat Christensen



L to R - Janet MacDonald – Plymouth Community & Recreation Association, Cathy Lavers – Pictou County 4-H Leaders Council, Warden Robert Parker, Pat Christensen – Guest Speaker and Volunteer of the Year, Tanya Cahoon - District 3 Community Association. Missing from photo – Pictou County Basketball Association.

Lyon's Brook Hall

The Lyon's Brook Hall, located on Hwy 376, in the community of Lyon's Brook, was established in 1884 as a multi-purpose building. It offers both small and large meeting spaces as well as a fully equipped kitchen. Located about ten minutes from Pictou, the Hall makes a great location for workshops, meetings, weddings, birthday or anniversary parties.



For further information or for details on rates and availability check out the website at lyonsbrookhall.ca or call 902-485-3337 or 902-485-8358.

Lyon's Brook Women's Institute

The Lyon's Brook Women's Institute has planned several activities for the community. Three Lunch and Learn Sessions have been scheduled for this Spring. In April, Heather DeVoige, Whole Home Organizing Co, shared tips on how to re-organize our homes for stress-free living. On May 9, Dr. Melanie Reid, Optometrist, shared information on how to best take care of aging eyes. On June 6, Angie VanKessel will speak about "Companion Gardening". All sessions are held in the Lyon's Brook Hall beginning at noon. Cost is a free-will donation and those interested are asked to register in advance.

On May 17, the members held their annual Perennial Plant Sale. This is a wonderful opportunity to purchase good starter plants at a reasonable price. Sale starts at 6:00 pm at the Lyon's Brook Hall.

In June, the Institute will join with the Lyon's Brook Hall Society and the Lyon's Brook United Church to host the second annual "Betsey" Pancake Breakfast. This breakfast commemorates the Landing of the Betsey on the shores of Lyon's Brook on June 11, 1769. Also planned for the day will be a Yard Sale and a Variety Concert. Check out the lyonsbrookhall.ca website or the Facebook page for Lyons Brook for more details.

The Lyon's Brook Women's Institute is part of a local, national, and international organization that promotes women, families, and communities. The group meets on the third Thursday of each month. If interested in finding out more about WI contact Christine at cmackenz@eastlink.ca or Lynn at 902 485 8358.

Pictou Community New Horizons 50 + Club

14 Kempt St., Box 141, Pictou, N. S. B0K 1H0 Telephone (902) 485-2573

Our club continues to be proactive in promoting the social well-being of our seniors in the town of Pictou and surrounding area and has grown to a membership of over 235. The club is located close to the Heritage Hector Quay and offers an ideal place for seniors to interact socially, share their knowledge and just have some fun. We are very proud of our clubhouse which provides a well-maintained, clean, safe environment for all of our scheduled events. Our facility offers a variety of activities: line dancing, singing, card games (Auction 45's, Cribbage, Bridge & Chase the Ace), board games (Scrabble & Rummikub), pool, darts, shuffleboard, sewing, crafts, rug hooking and quilting. Our members also have the opportunity to enjoy socials at the club, partake/

attend jam sessions and go on our bus trips to special events. In addition, the club hosts guest speakers and seminars on many topics and works closely with Pictou Recreation and the Pictou Library to bring special activities of interest to seniors to the club (Chair Yoga, Nordic Walking Demo, Pebble Art). The club is also available for rental for meetings/special events.

We welcome new members and cordially invite anyone to come and visit our club and view our wonderful facility. We offer regular membership (age 50+) and associate membership (age 45-50). Anyone wishing to join can complete a simple application form at the club. There is a small \$10 membership fee required which is to be paid annually.

We look forward to seeing you!

Update Your Mailing Address

Customers of the Municipality are reminded of the importance of keeping your mailing address updated on our records so that you receive your tax and utility bills on a timely basis. Each year 300 tax bills are returned to the Municipality undelivered because of incorrect addressing. If you have moved, or if Canada Post has assigned you a new mailing address, it is your responsibility to notify us so that we can change our records in order to avoid any

delays in getting bills to you. We do share address changes with the Property Valuation Services Corporation which is the agency responsible for delivering your annual assessment notice. If your address has changed, please contact the Municipal Office at 902-485-4311 with your account number and your new address and we will make the change immediately.



Northumberland Karate

Trenton Elementary School

Monday and Wednesday

6:30-7:00 pm 7 to 12 year old beginners
7:10-7:50 pm 7-12 year old yellow to purple belts
8:00-9:30 pm 13+ year old beginner to black belts
7-17 years \$25.00/month
18+ years \$30.00/month

Scotsburn - John Gammon Centre

Sunday

6:30-7:00 pm 7 to 12 year old beginners

7:00-7:30 pm 7 to 12 year old yellow and orange belts

7:30-8:00 pm 7 to 12 year old green to purple belts
\$30.00/month

All kids programs (7-12 years) run from September to June

For further information please contact Sensei Chris Cruikshank at nkarate@eastlink.ca or 902-485-4017 or visit www.northumberlandkarate.com or Facebook - Northumberland Karate.

Little Harbour Fire Department Ladies Auxiliary

The Little Harbour Fire Department Ladies Auxiliary meets at 7:00 pm at the Fire Hall on the second Monday of each month from September to June. New members are always welcome to join our auxiliary; we were pleased to receive 5 new ladies into our group this past year. Annual dues of \$5 are collected in September.

Business meetings are interesting and informative with the objective of assisting our Fire Department and community. Donations of time and fundraising opportunities are always appreciated. We enjoy a light lunch and have a guest speaker or social time after each meeting.

To accomplish our goals we cater to weddings, birthdays, anniversaries, banquets, brunches, reunions, funeral receptions, etc. throughout the year. Please contact any of our members if you are interested in hiring our auxiliary

for your special occasion.

Other activities include: a bridge party brunch, tickets sales (50/50s, the Firemen's Cape Breton Weekend Getaway Draw, gift baskets), a painting afternoon led by Helen Boucher, lunch for the Firemen's First Aid course and support for the Trinity Shepherd's Lunchroom. Six of our ladies took part in the 2 day St. John Ambulance First Aid Course. Thanks to everyone in the community for supporting our Beans and Brown Bread Supper in February.

Continue to check the Fire Department's roadside sign for upcoming events throughout the year. For more information or to book us for catering please contact Rita MacDonald, President at 902-755-2103 or Janet MacLean, Secretary at 902-396-8224. Any suggestions, donations and support are always welcome from our community. Thank you.



Linacy Fire Department Ladies Auxiliary

The Linacy Fire Department Ladies Auxiliary is always eager to welcome new members. We are a group of ladies who support the Fire Department in their fundraising, community involvement projects and emergency situations. It is free to join and we meet on the second Wednesday of each month at 7:00 pm at the Fire Hall.

The auxiliary has 2-3 fundraisers throughout the year which includes a Spring Pancake Breakfast and our annual Ham and Salad take out dinners. We held a Music Bingo and a Paint

Night as well to raise money and are always looking for new ideas.

We cater small functions, such as team dinners, funeral receptions, etc. If you want to volunteer in any way, please do not hesitate to reach out to any member. We may try to have a BBQ or another take out dinner in June so look for dates and times around the community and come out to support your local Fire Hall.

For further information please contact Tanya Roode, President at troode77@hotmail.com.

Durham Community Hall

The Durham Community Hall has continued to be a busy place. A Canada 150 Celebration was held in the summer in partnership with the Durham Heritage Society. Our annual Craft Fair, Christmas in Durham, was held once again in November. The Craft Fair was well attended and continues to be a great start to the Christmas season in Durham. Throughout the fall line dancing classes were held at the Hall. Jam Sessions are held every Wednesday at 7:00 pm and will continue until June, and then start again in September. Several prize Bingos were held at the Hall during the fall and winter.

A yard clean-up day was held April

28. A dedicated group of volunteers continues to meet monthly, on the second Tuesday of the month at 7:00 pm. We encourage all Community members to attend or drop in with new ideas.

Our Hall is fully wheelchair accessible with kitchen facilities and we have been very busy with rentals throughout the year. The Hall is available to rent for \$30.00 a day. To rent the Hall please call 902-485-4917. The Hall is great for birthday parties, workshops, meetings, exercise groups and more.

Watch for some upcoming events at the Durham Community Hall including our annual Strawberry Tea on July 8th and Craft Fair, as always, on the third Saturday in November.



PICTOU, NORTH COLCHESTER EXHIBITION

A New Beginning For Some Old Fashion Fun!

The board members of the Pictou North Colchester Exhibition would like to thank all who supported us in 2017. We are in the process of planning for 2018. The date for this year's Exhibition will be September 5th to 9th. Items to be entered for competition in non livestock will be accepted on Monday, September 3rd, from 12:00 noon until 9:00 pm at the Kinsmen building on the grounds. We are hoping our prize books will be available by early July.

Check out our website at pictouexhibition.com for updated forms and information. Our schedule will also be posted when completed. The advanced passes will be available this year as in the past, from mid-July until mid-August.

For further information please contact:

- Lynn MacKay 902-485-4869 (Office)
- John Robinson 902-485-5636 (Manager)
- Lynn MacLean 902-485-8358 (Non Livestock entries)
- Jack Ferguson 902-485-6411 (President)
- Pat Christensen 902-695-2206

Need A Building Inspector?



Building a new home or completing extensive renovations? At some point you will need the services of our

building inspection division.

Building Inspectors operate out of our Administration Building at 46 Municipal Drive in Pictou. Office

hours for the Building Inspectors are 8:30 am to 10:00 am. After that the inspectors are on the road completing site visits. Appointments are recommended but not required. We do suggest that you contact the Building Inspection office before your visit to make sure you have all of your documents with you before traveling to Pictou for your appointment. For inquiries about building inspection, or to make an appointment to obtain a building permit, call 902-485-4588.

Toney River Community Hall

The Annual General Meeting was held April 4th, 2018 at the Hall.

Upcoming events:

- June 20th - 7:00 pm - Hall meeting to plan barbecue and breakfast in July
- July 22nd - Annual Chicken

Barbecue at Toney River Hall

- July 27th - Breakfast at River John Lyons Den put on by Toney River Community Hall

Have a great spring and summer.

East River Valley Recreation

Our recreation field at 2770 East River East Side Road in Springville has been around since the 1970s. During this time many activities were held here, such as summer recreation for kids, ball teams playing league and tournament ball, and a summer basketball league.

From 2009 to 2012 no activity was taking place here and the complex was aging. In 2012 a group was formed to rebuild this recreation facility. Many improvements have been made and we are now into our sixth year of our five year plan. (You know how slow fundraising and obtaining grant money can be.)

From 2012 until now we have re-shingled the recreation main building roof, restored our picnic canopy, and added an accessible ramp to our new accessible washroom and around the building to the canteen window. Our aging ball field backstop had fallen down in a winter storm in 2016, so we fundraised and received a grant to have it rebuilt and it was finished in February of this year. We have added a walking track which is an 830 foot oval for seniors to walk and others as well, as we don't have a safe place along our highway to walk.

We are now aligned with Plymouth Recreation who provide summer recreation for kids. They use this recreation facility 1 or 2 days a week as part of their program.

Our ball field is being used by adults and youth to play ball or practice their skills.

Our tennis/basketball/road hockey court is very popular with the recreation group or just a place to bring your kids anytime during the months from April to November to spend time with them.

We also have soccer nets set up where the kids can have a game or practice their skills.

Birthday parties are also held here in the summer as it's a great place to play and have a birthday barbecue.

We are also located along the Trans Canada Trail and we often see cyclists stopping for a break or to get out of the rain under the picnic canopy. Also to their advantage is our washroom open to the public from April until December 1st.

As much as we have accomplished there is still more to do. In our future we hope to resurface the tennis/basketball/road hockey court, replace 2 windows and put siding on our recreation building and build a dyke along the brook to stop it from yearly flooding along our walking track.

Our fundraising consists of a bottle drive in early spring and Pizza sales in November. We also have a returnable bottle barn for people to drop off bags or cases of returnable containers at 2612 East River East Side Road in Springville. People also have made donations of money and this is very helpful and appreciated.

All money is put towards our portion of money needed to get grants.

Facilities like this are needed in our communities and the people who have helped us redevelop our complex are many and deserve our thanks for their ongoing support. We as the East River Valley Recreation Association are committed to completing our rebuild which we hope will last for many years to come.

For further information please contact Michael Hecimovich at 902-923-2194.

Landfill Vouchers

Once again the Municipality is offering its residential property owners the opportunity to receive two vouchers to deposit garbage at the Mount William Transfer Station free of charge.

Vouchers are available at the Municipal Administration Building, 46 Municipal Drive, Pictou, or by calling 485-4311 or 752-1530. The vouchers will allow 2 free deposits at the site any time between May 1st & November 30th. A weight restriction of 1,000 lbs of garbage per voucher will be enforced. Residents must show

their vouchers upon entering the site. Vouchers will be issued only once during the coverage period.

All normal regulations at the Transfer Station will apply to voucher holders, including the use of clear garbage bags.

**PROVIDING YOUR TAX
ACCOUNT NUMBER
WHEN CALLING TO REQUEST
YOUR VOUCHERS WILL
EXPEDITE THE
PROCESSING PERIOD**



Abercrombie Community Center

The Abercrombie Community Centre holds monthly meetings the second Wednesday of the month at the Centre at 1:00 pm. New members always welcome.

We are having our Annual Christmas Tea & Sale Saturday, November 24th from 2:00 – 4:00 pm at the Centre.

Our Annual Night of Music was held May 12th

Flea Markets began again on the last Saturday of the month from 9:00 am

until 12:00 pm. The next one will be held June 30th and continuing the last Saturday of the month until the final one of the season on October 27th.

Hall Rentals are available for Birthdays, Anniversaries, etc. with a special rate for members. We provide free rentals for funeral receptions.

For rentals please contact Faye at 902 755-5447. For further information please contact Marilyn at 902-752-8914.

Mill Brook & Area Community Club

Hi everyone – didn't we have a great winter? Hardly any snow and easy to get around. I just hope this doesn't mean we are in for a very dry summer. With no melting snow, the wells could run low but we will have to wait and see what global warming brings us. My crocus are up through the brush on the flower beds and the pussy willows are out so we know spring is here.

We have been busy this year with our 6th Annual Community Fitness Challenge. We had 31 participants and a goal of 40,000 km. Our windup potluck was held on April 14 (check out our FB pager for pictures) and we had 24 people attend. The total kilometers this year was 45,429.7. Wonderful job everyone!! The food was plentiful and delicious – everyone enjoyed themselves. It's a great incentive to get more active in the winter months & to do something as a community.

Thanks to Joey McInnis for plowing out the club and making it easier for our Monday night exercise group. We each pay \$2 a night and walk (or move) for 3 miles each night following Leslie Sansone's video.

One of our labour intensive fundraisers takes place in October – this is our apple pie sale. Our pies are bagged, boxed and ready for the freezer. Thanks to all our volunteers from the community and beyond for all their hard work. Making 474 pies by hand is no small feat and we are very grateful for all our helpers. Our youngest helper, Emma Marshall brought her friend Sophie last year and they were a great help to us. Maybe they will be future bakers.... Thanks also to our faithful customers who continue to support us. Theresa P - you are awesome and I know that Jim

enjoys the pies! The smell of fresh baked apple pie brings back happy memories of Sundays at your Grandma's or even your Mum's kitchen. It is great to have a few in the freezer when unexpected company arrives – homemade pie and no one is any the wiser as to who made it. We also have a "list" of people for this event that we call every year. If you would like to be included in our fall sale, please contact one of the numbers below and get your name on the list!

Our annual Christmas Craft Shoppe is always held on the 3rd weekend in November. We had a great sale last year - lots of variety and some new crafters. The crowd was amazing and there were lots of new faces... along with our regular customers. People were picking up unique and early Christmas gifts and were going away smiling. Christmas cheer was in the air and music was playing in the background. Thanks to all our loyal supporters – we are always glad to see you – and to our crafters who amaze us with new ideas every year. If you are interested in putting crafts in our sale, please contact one of the members below.

Santa's helper delivered cookies to the seniors in the community at Christmas... and a couple who have relocated to New Glasgow and Pictou – we don't forget our old neighbours, especially at Christmas. We also contributed to the Salt Springs School Breakfast program which helps ensure the children start the day right with a healthy, nutritious breakfast. How many of us have heard that breakfast is the most important meal of the day... I can hear my Mum now... and you know Mum's are never wrong.

Another terrific project we are involved in is the Share The Warmth

program that is run through Atlantic Fabrics. The 1st weekend in October there is an event held at the store in New Glasgow (and all over Nova Scotia) where you can go and help tie quilts for less fortunate people – as much or as little time as you can spare. The material is donated by Atlantic Fabrics (from donations they receive) and some of our ladies make quilt tops over the winter. Then we get together at the hall several times and tie quilts. Sometimes if you are browsing Value Village or Forbes New to You shop you will come across a piece of material that you can just see as a baby or youth quilt... and so begins the fabric “stash”. This is a great incentive for people to get involved in their community and allows them an easy way to give back to the community. There are many less fortunate people in our area that could use a hand up and maybe someday they will be able to pay if forward because of some small act of kindness on our part. Thanks to Debbie Green, manager of Atlantic Fabrics, for making it possible for us to help.

We are thinking about starting up jam sessions at the Hall... but we need some input/guidance from people. What do you think?? Let us know.

Meetings are held on the last Tuesday

of the month at 7:00 pm – March, April, May, August, September, October (annual meeting) and November. Special meetings are held when necessary to plan upcoming events. A genuine WELCOME is extended to anyone in the community and area who would like to join.

If you are a Facebook user, you can query Mill Brook Community and come up with our web page. We will try to post upcoming events and news about what is happening in the community.

The Hall is available to members and the community for birthday and anniversary parties, baby and wedding showers, family gatherings, etc. We have a very nice hall and we would love to see it being used for more events with more people involved. If you have an idea or would like to see a particular activity at the Club, please let us know. The more active the Community Club is, the stronger the community will be and this will ensure the future of the Club. For further information, you can contact Snookie (Anna) Hirtle at 902-755-2820, Faye Fraser at 902-396-4275 or Mary Chesnutt at 902-396-3798.

Thanks again for everyone’s support in all our endeavors. By working/playing together we will have a stronger and happier community.

Fox Brook Women’s Institute

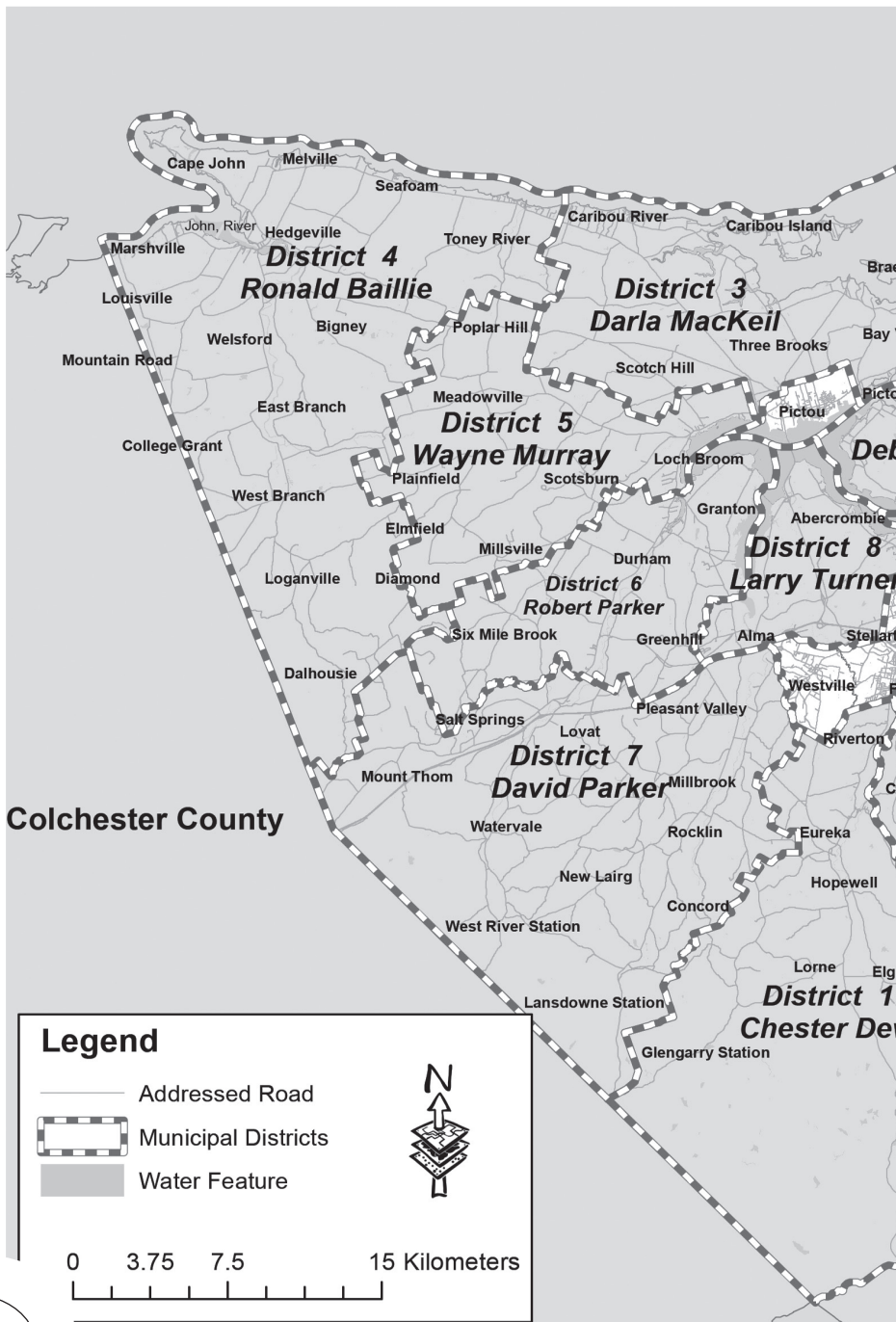
“Learning, sharing and improving the quality of life for all”

Since organizing in 1939, Fox Brook branch seeks to serve the community by supporting many projects.

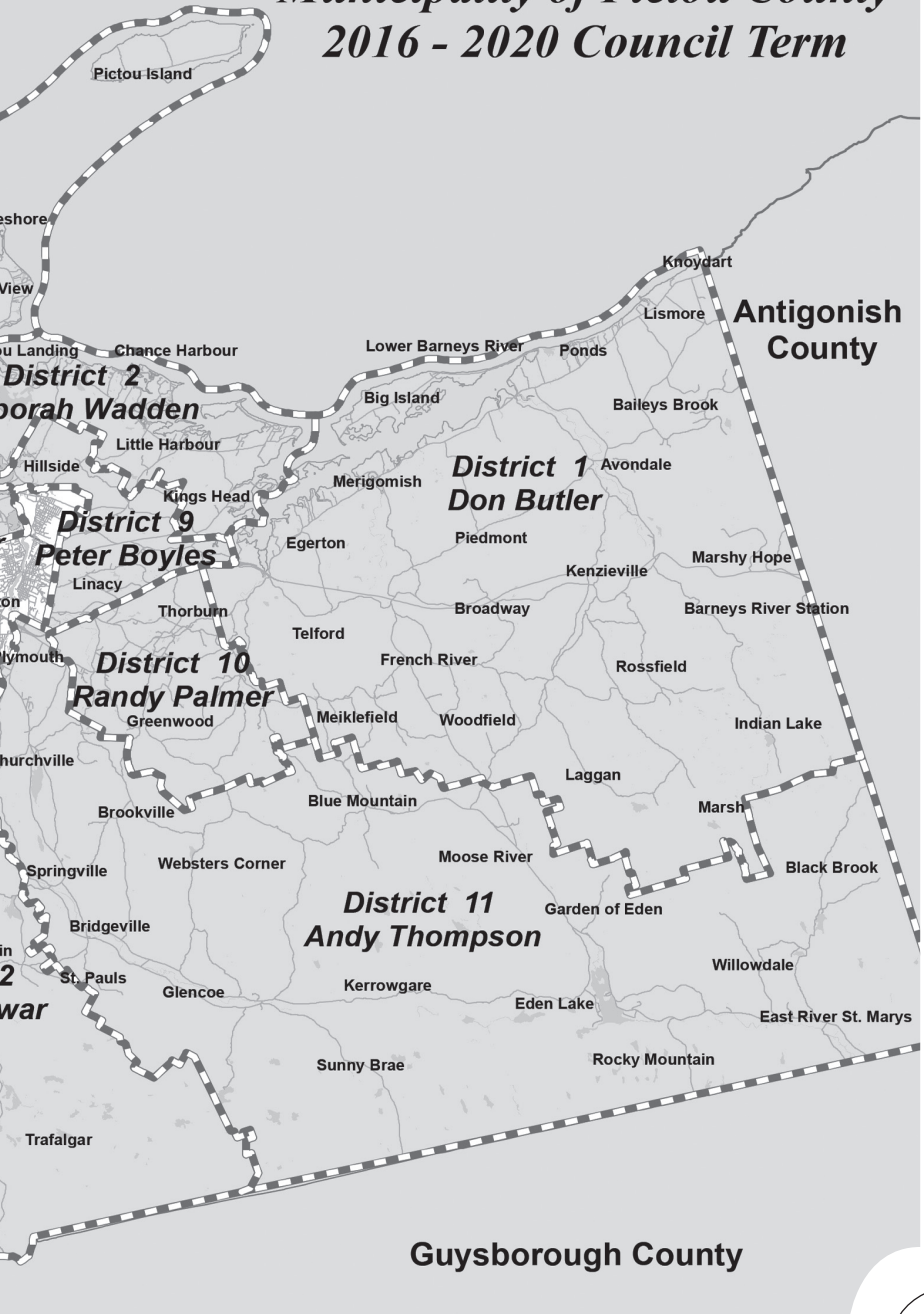
- Toques and mittens and the Breakfast Program at Dr. W. A. MacLeod Consolidated School
- Receiving blankets, quilts, pillow cases and purple hats for the Aberdeen Hospital and IWK Hospital

- Christmas Fund
- Youth Centre in Stellarton
- Shepherd’s Lunch Room
- Tearmann House
- Kid’s First
- Pictou County Fuel Fund

Membership includes women from several local communities as well as Fox Brook. We are always open to new members as well as new ideas. We meet the second Thursday of each month at 11:00 am in homes of members.



Municipality of Pictou County 2016 - 2020 Council Term



Read by the Sea

Read by the Sea, Atlantic Canada's longest-running literary festival, is scheduled for July 2-7, 2018, at River John.

For the 19th year, the festival will fulfill its mandate of bringing some of Canada's finest writers to the North Shore of Nova Scotia.

The 19th annual festival starts Monday, July 2, with WordPlay – especially aimed at children and their grownups. It takes place outdoors in the afternoon at Mabel Murple's Book Shoppe and Dreamery. Exact times will be posted later on the website www.readbythesea.ca, our Facebook page, on Twitter, and advertised.

Our WordPlay authors are Paulette Bourgeois and Wesley King. Paulette is the creator of the beloved Franklin the Turtle books and many more children's books. Wesley writes stories for eight-to-twelve-year-olds, and for people who wish they were. His titles include *OCDaniel*, *The Vindico*, *Laura Monster Crusher*, and more.

Entertainment will be provided by The Little Ditties, a musical duo from Antigonish with a book of their own.

The featured authors' books – and more – will be sold at Mabel Murple's Book Shoppe. The authors will be available to meet their fans and sign copies or their books. Audience members are encouraged to explore the Dreamery grounds, bring a blanket or lawn chair for seating, and bring a snack or buy one from the onsite food truck. A sun hat, sunscreen, and fly dope are good items to bring as well – just in case! If it rains, the event will move to the River John Fire Hall.

There is NO admission fee to WordPlay or any other Read by the Sea

event, to make it accessible for as many people as possible. The festival does accept donations to help it continue.

THE WEEK BETWEEN WordPlay and the July 7 READ BY THE SEA Main Stage readings feature other literary activities. On Tuesday, July 3, and on Wednesday, July 4, Story Walks will begin at the Janice Murray Gill Memorial Library to tour prominent village features.

One walk will explore the River John, the village namesake, in the company of Mi'kmaq educator and naturalist Gerald Gloade, who is also the author of a new book about bugs.

The other walk will visit places related to River John's heritage as a transportation, fishing, agricultural and shipbuilding hub. Organized by the River John Historical Society, it will feature readings from Janice Gill's *River John Reader*, and will finish with a visit to the Heritage Museum.

Times and specific details will be announced as they are finalized. Participants should dress for weather and walking, for about 60-90 minutes.

On Thursday, July 5, the Pictou County Writers' Group (New and Experienced) will present information about the group's activities, goals and accomplishments; and answer questions about their writing journeys.

Other events will be announced as they are organized.

PITCH THE PUBLISHER is back! On Saturday, July 7, at 9:00 am at the Legion Hall in River John, a panel of Atlantic publishers will hear writers pitch their story ideas. If you have written a book, this is your chance.

Distill your manuscript into a concise description, and practice pitching it with

a friend to make sure it's clear, short (two minutes or less), and interesting. Your pitch should include 1. Your idea for your book, in two sentences or less; 2. Why you are the most qualified person to write this book; and 3. Why people will want to buy your book.

Email it to Pitch the Publisher, via the 'contact us' feature at www.readbythesea.ca, or to monicagraham@tncwireless.ca. Alternatively, mail a paper copy to Read by the Sea Literary Festival, c/o Monica Graham, RR #2 Scotsburn, NS B0K 1R0. Be sure to include your contact information so we can reach you. Submission deadline is June 8, 2018.

An independent panel will select eight or ten proposals with the best chance of success, and assign each writer a time to pitch to the panel.

Everyone is invited to join the audience. If time permits, pitches from the audience may be accepted. If you worry that someone may steal your idea, it's best to pitch your book through more traditional methods. There is no copyright on ideas.

Pitch the Publisher ends in time for the audience to get to READ BY THE SEA MAIN STAGE, which begins at 11:00 am, outdoors at the River John Legion Garden. Bring your sun hat, lawn chair, and whatever else you need for a lazy summer day listening to stories. Again the rain venue is the River

John Fire Hall.

Our four featured authors are multi-award winner Wayne Johnston with his latest novel, *First Snow, Last Light*; Pauline Dakin with her bestseller *Run, Hide, Repeat: A Memoir of a Fugitive Childhood*; Oji-Cree poet and Calgary doctoral student Joshua Whitehead with his award-winning and compelling piece "mihkokwaniy;" and Cape Breton's Sarah Faber with her highly-acclaimed first novel *All Is Beauty Now*.

Each author reads and is interviewed. During the noon break, there is live local music, and food is available from onsite concessions, or bring your own.

After all the readings there is a panel discussion and audience Q&A. Authors will sign books, sold on site. Proceeds from the sale of festival swag and raffle tickets help fund the event, which runs on volunteer power, community pride, local business sponsorship, and financial support from three levels of government. The festival wraps up about 3:30 pm.

We encourage festival patrons to visit the area's other attractions. If you have questions about the festival, accommodations, food services, outdoor activities, concerts, heritage sites, photogenic beauty spots or anything at all, please contact Read by the Sea by reply email or through the website or Facebook page. "Sea" you at Read by the Sea!

Pictou County Recreation "Fun Kits"

Do you need recreation equipment for an event? Did you know that Pictou County Recreation has all kinds of fun equipment available? A Fun Kit of everything from parachutes,

frisbees, and pylons to ball hockey, soccer, and flag football equipment is available. To reserve your Fun Kit please contact Pictou County Recreation at 902-485-8528 or e-mail cindy.fraser@munpict.ca.

Little Harbour Community Centre



We have had another busy year at the Community Centre, and wish to thank everyone in the community for their continued support of our events, as well as our wonderful volunteers who offer their time and talents! Over the past year we have done two kids days featuring bouncy houses and a magic show, as well as the annual Halloween party and fireworks. We also had our Christmas Dinner, Brunch, Yard Sale, Pub Day, and Craft Sale fundraisers, as well as many private events. Seniors Luncheons continue to be successful and we are so thankful to be able to offer those events. They will start again in the fall.

This year we were able to replace some of our older tables, and are pleased to say that we now offer free Wifi! Also, with contributions from our Seniors Luncheons, we purchased two brand new stoves for the kitchen. The Little Harbour Community Centre is a lovely, fully-accessible, and air-conditioned facility with a full kitchen and capacity of 200 people.

We are also very excited to announce that we are working toward getting a new playground at the Community Centre! Our goal is to have it completed by the end of 2018. A playground will be a huge asset to our community and the growing number of children in the area.

UPCOMING EVENTS FOR 2018:

YARD SALE

June 2nd

9:00 am – 12:00 pm

Donate your unwanted items to the Community Centre for us to sell. We will be accepting donated items the week before. No clothes, electronics, or books please. Admission is \$2, or \$5 with coffee and a treat.

LADIES' BRIDGE TOURNAMENT

June 14th

If you're interested in playing, please contact Lynne Sheridan at 902-752-0781. Bridge players must register to play.

JOIN US FOR SUNDAY BRUNCH!

June 24th

11:00 am – 1:00 pm

Made-to-order omelette bar, ham, sausages, home fries, French toast, fruit salad, baked beans, tons of baked goods, coffee, tea, and juice. Tickets are limited- \$15 each or \$7 for children under 7- Available at Mike's Harbour Beach Market.

LADIES' AID COFFEE PARTY

July 7th

10:00 am – 12:00 pm

No tickets required

Includes Bake Sale

FIRE DEPARTMENT'S PLANKED SALMON SUPPER

August 12th
3:00 – 7:00 pm

Tickets are \$15 and available from all Firefighters

For more information on all of our events, booking rates, and contact information, follow us on Facebook,

or visit www.LittleHarbourNS.com. If you would like to book an event, please contact Freda Hepditch at 902-752-3768. New volunteers are always welcome, and we would love to have new members join our Board of Directors. If you are interested, please contact us!

Garden of Eden Community Hall

The Community Hall has been a busy place through this winter. The Pictou-Antigonish Regional Library has done a number of presentations to community members. The first presentation saw community members learning how to down load books and magazines from the library site.

Another presentation saw members increase their skills in the use of e-mail. Bi-weekly card games were also started this winter. This has become a wonderful evening out filled with much laughter and of course the plates full of lunch are thoroughly enjoyed.

The change in date for our Annual Fall Supper is necessitated by the commencing of renovations to the building. These renovations funded through grants will see an addition with a grade level entry containing and a wheelchair accessible bathroom.

This is your community facility and is available to community residents at no charge. The Hall is also available for a nominal fee for anyone outside the community.

For further information or to book please contact Glenda Fraser at 902-922-2739 or Allison Munro at 902-922-2093.

Garden of Eden Women's Institute

The Garden of Eden branch of the Women's Institutes of Nova Scotia (WINS) meets on the 4th Tuesday of the month from September to June. Meetings are held in members' homes or the Community Hall at 1:00 pm. This is a new time for our meetings.

Our activities range from packing

Christmas boxes for community members, providing prize money at the Pictou Exhibition to even hosting our own Terry Fox fundraiser.

We are always happy to welcome new members and guests. For more information please contact Ann Munro at 902-922-2093.

Abercrombie Women's Institute

The Abercrombie Women's Institute meets the second Tuesday in the month.

We give gifts to Senior Shut-Ins at Christmas and we provide a street light in the yard for the Abercrombie Community Centre. We assist in the Craft Barn at the Exhibition in September and participate in the

projects for Women's Institutes of Nova Scotia. New Members Welcome!

President - Pat Christensen

Vice Pres. - Norma Morse

Secretary - Elizabeth Palmer

Treasurer - Vivian Ingham

For more information please contact Secretary, Elizabeth Palmer at 752-3826.

Take a Hike? Pictou County is a Perfect Choice



Walk among some huge hemlocks, listen to the babbling brook and birdsong, and connect with yourself, your companions and the great outdoors. Six Mile Brook Trail offers all of this and more, there is even a “bothy” that just might be your destination. (the bothy is a small, fixed roof hikers whether available to all who hike to it). Escaping to the wilderness on planned and developed trails right here in our county is possible and the opportunities are increasing.

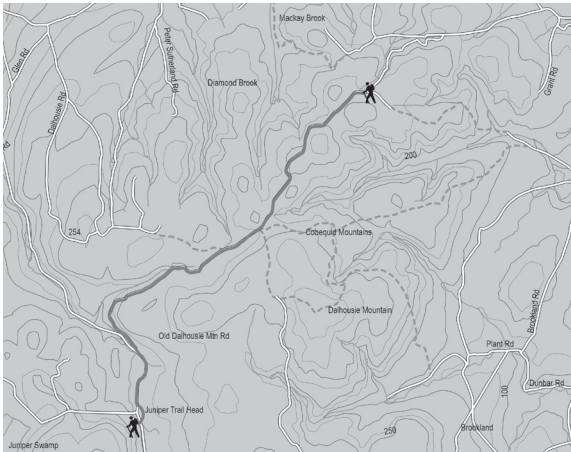
These multi-use trails are built to a high standard to allow various user experiences.

Developed trails are built with landowner permission, are routed and planned carefully and are signed to help you stay on the trail. Hiking trails may require a bit more effort and planning by you the user but the unique experience each trail offers will reward you every time you go for a hike.

Working within the PCTA the 220+ Cape to Cape Hikers are working on

the finishing touches (new and improved signage) on three sections of wilderness, “Appalachian” style trail (The Dalhousie Mountain, Six Mile Brook and Fitzpatrick Mountain Trails). Two other sections (Durham Hill and Greenhill Trail) will be completed in 2018.

The trails of Pictou County are being developed by community volunteers



With the support of many public and private partners, the Pictou County Trails Association (PCTA) plans, builds and maintains a growing number of trail experiences for all abilities. If you’re not up to a backwoods trail there are sections of The Great Trail available, the kids can even take their bikes and parents can push the stroller.

working within the PCTA structure. Our association is a member of the Nova Scotia Trails Federation and the Cape to Cape Hikers are also associated with Hike Nova Scotia.

These trails form part of the vision for the Cape to Cape Trail, Nova Scotia’s longest footpath connecting Cumberland County’s Cape Chignecto

to Cape George in Antigonish. These trails are also part of the International Appalachian Trail network being developing in the United States, Canada, Greenland, Iceland, on the British Isles and in a number of European countries which all share a common ancient geological origin.

Want to go hiking? Want to get active in trail building in our county? Want to be trained to lead wilderness hikes?

We will welcome you with open arms. We need somebody like you.

Contact Eric Wilson (ericnosliw1@gmail.com) to discuss how you might get involved. For more information visit us at www.capetocapetrail.ca or check in on FaceBook: www.facebook.com/PictouCountyTrails.

Come on Pictou County, enjoy the great outdoors on one of our trails.

Check Before you Burn!

The local Fire Departments would really appreciate it if everyone would notify them before they burn.



Hillside Girls Club

The Hillside Girls Club is enjoying another banner year, and this one is extra special because it marks the 75th Anniversary of the founding of this group. Beginning in 1943, there has never been a year that Hillside Girls Club didn't hold classes for girls in the area.

Plans are underway for a Meet and Greet Celebration on July 22, 2018 at the North End Recreation Center from 1:00 to 6:00 pm. All former members and leaders are invited to attend and share their memories, we ask if you have any pictures or items that you made while a member to please bring them along to share with us.

There are 59 girls registered this year for regular activities on Monday evenings. Girls from age 5 to teens enjoy crafting and learning new skills

like knitting and sewing. Once a month we have PJ night, the leaders serve Hot Chocolate and Cookies, lots of fun! As a group we support the local SPCA. Members bring in items that are donated to the local shelter.

We are happy to have three new leaders this year, we always welcome anyone to join us and have fun with the girls. Our closing event for this year was our Mother and Daughter Banquet on Saturday, May 12th. Leaders served a Hot Turkey Dinner to the girls and their Moms, and the Hillside Girls of the Year are announced and honored. Fall registration will be in October, and we hope to see everyone back for more good times. Have a safe and fun summer!

For information please contact Ellen Murphy at 902-755-1801.

New Glasgow Karate Club

"Peace, Perseverance and Diligent Effort"



The New Glasgow Karate Club provides a safe, enjoyable and friendly environment within which to learn the art and sport of karate. At the present time, we have members from seven years of age to seventy five! New members are welcome at any time of the year.

A typical class may consist of a combination of the following: aerobic and physical conditioning, stretching, practice of basic techniques, and practice of traditional Chito Ryu Kata. In addition, Kumite (controlled sparring, both with and without protective equipment – sport karate).

We have members at every belt level from white to black, currently we have 6 Black Belts – 1st degree to 4th degree. Because of the structure of the classes, new members can join and fit in at any

time of year. Training location is upstairs of the New Glasgow Fire Department.

REGULAR CLASSES

KIDS CLASS (Ages 7 to 12 years)

Monday & Wednesday – 6:40 to 7:40 pm

ADULTS CLASS

Monday & Wednesday – 6:40 to 9:00 pm

KOBUJUTSU (Weapons)

Sunday – 9:30 to 11:30 am

OPEN PRACTICE

Sunday – 9:30 to 11:30 am

For more info please go to our website www.newglasgowkarateclub.com, visit our facebook page - New Glasgow Karate Club or call Sensei Cherry Whitaker at 902-925-2042.

MacPherson's Mills Women's Institute

The MacPherson's Mills Women's Institute is 1 of 9 branches in Pictou County. We are a group for all women. Members have the opportunity to meet new people, make connections and learn new skills. We support activities in our community, families, schools, and have a voice in helping make our province, nation and world a better place to live. The Women's Institute members also like to have fun.

Some of MacPherson's Mills Branch projects include:

- support the Book Award and breakfast

- program at Thorburn Consolidated
- contribute to a bursary fund made available to graduating students planning to further their education
- support our Community Hall
- provide lunch and learn for the seniors in our community
- donate prize money to the Pictou-North Colchester Exhibition
- donate year end prize money to the local schools
- donate old towels, mats and other supplies to the SPCA in Granton
- participate in the Adopt-A Highway

clean up yearly

This year we supported the District WI project by making and donating baby quilts which were given to the Aberdeen and IWK hospitals along with quilts from other branches.

Our branch meets on the second Thursday of each month. We take a break during the summer months. At our meetings we have programs with speakers or someone sharing a new craft,

hobby or topic of interest.

If you would like to have more information or are interested in attending one of our meetings, call Secretary Lorraine Blakeney at 902-922-2059.

To learn more about Women's Institutes you can go on line at:
www.winovascotia.ca
www.fwic.ca
www.acww.org.uk

Barney's River Station School Museum

Again we are anticipating the coming season eager to welcome first time and returning visitors. This of course is dependent on federal funding which provides wages for our invaluable summer time student interpreter.

Because of the technical know-how of our student interpreter we were able to supply pictures as well as information to our viewers far and wide. This was well received by all.

The grand finale for last summer was a leaking roof. Fortunately we were able to reshingle the western slope of the roof.

We express thanks to Foster Thompson, Avondale for contributing an old Avondale School Register, 1928.

These registers contain so much valuable information: age, name of student, name of parents and teachers, plus the names of officials and guests who signed the visitors section. Did you know that the school register was once considered an official legal document?

At the museum are registers from school sections in the area as well as those from Barney's River Station. Our collection consists of registers from Rossfield, Laggan, Marsh and Smithfield. Many of these were contributed by the late Mary C. Sutherland, Rossfield.

Plan to visit this unique museum which chronicles events and the people that shaped our community.

Kelli Cruikshank

Tuesdays

Scotsburn Rec Hall - 6:00 pm

This yoga practice will be an all levels hatha vinyasa class. Class is a balance of movement and meditation, so participants may comfortably begin, or enhance their practice. Please wear comfortable clothing, and a mat if you have one, some mats will be available.

Tuesdays & Thursday

Scotsburn Rec Hall - 7:00 pm

This fitness class is for all shapes, sizes and ages. A well rounded class of cardio, strength training and toning.

Truly a class that you can "go at your own pace!"

Some mats are available.



Little Harbour Fire Department

This year in Nova Scotia has been a tragic one for house fires with eleven deaths in six fires in the first two months. Some of these had no working smoke alarms. We hope you checked your smoke and carbon monoxide

detectors and renewed your batteries. It is recommended that all smoke alarms be replaced after 10 years and carbon monoxide alarms be replaced after 6 years. Also, we recommend that you check your household fire extinguishers to make sure they are properly charged, in a visible location, and ready for use. When checking your fire extinguisher take a minute to read the instructions to ensure you know how to use it when the need arises.

Occasionally there is some confusion in the community regarding the manning of the Fire Hall, as I have received calls from residents expecting the door to be answered at the Fire Hall, as well as those thanking us for being on duty when they drop by. I must remind everyone the members are all volunteers and respond by radio or pager from their homes or work places. We have an enrolment of 25 members, 21 who are active. As volunteers we are not paid for all the time spent responding to calls, training, fixing equipment and having it ready for the next call. I am very pleased to see our department is able to maintain its membership when so many others around the county and province are having difficulty filling their roster. We are currently down 3 members and will be having an open house/recruitment



day on July 24th. We only have 1 female firefighter and would like to increase this number. Please drop by and meet the members and fill out an application. There will be firefighting demos and food. The church has decided to no longer collect refundable containers so the Fire Department has decided to continue with this and funds to go to a charity. We have chosen the Food Bank to receive funds.

We now have our new training building at the rear of the Fire Hall. It will allow us to train with ladders, hose lines and breathing apparatus. We can train in a simulated smoke environment and fire, and can safely train for search, rescue, and digital fire thanks to the new digital fire simulator purchased by the Pictou County Firefighters Association for the use of all county fire departments. This was purchased through fundraising and funds raised from past Maritime Fire Chiefs Association conferences held here in Pictou County. Thanks to all who made donations to this state of the art 21st century training package.

We have restarted our Junior Fire Fighter program for young people in the community 14-18 years old. There are currently 3 members and they attend meetings and training with all members.

If others in the community are interested please drop in to the Fire Hall any Tuesday night after 7:00 pm.

The Department is still busy with fund raising activities including our Annual Pancake Breakfast, Planked Salmon Dinner, 50/50 draw, and Cape Breton Getaway. This year the dinner will be held at the Community Centre on August 12th. This will be the 18th year for this fundraiser and due to cost increases in supplies over the last couple of years we have to increase the price from \$15 to \$20. We thank you for your continued support with our fundraisers.

We, along with six other Departments, visited FH MacDonald; EPMS, Thorburn and Pictou Landing First Nation Schools during Fire Prevention Week passing along fire safety lessons to grades P-6. We hosted an open house during Fire Prevention Week and a held community Christmas Tree lighting and Open House with Santa passing out treats supplied by our busy Ladies Auxiliary.

This year the Fire Department is hosting a water shuttle exercise on

October 13th with other Departments in the County to practice in the event of a major fire needing, delivering and pumping large volumes of water. Residents will notice a lot of equipment and firefighters throughout our community on this weekend. With the hard work of our dedicated group of volunteers the Little Harbour Fire Department continues to be a progressive Fire Department that we can all be very proud of.

Civic number signs are still most important and we suggest that if you still do not have a number to contact any member of the Department to obtain a number. We will install a sign and post for \$40.00. Remember, we can't help you if we can't find you. If your sign has been damaged over the winter give one of the firefighters a call and we will have someone drop by and try to repair it, and if it can't be repaired we can, with your permission, order a new one for you.

*Donnie Wadden
Little Harbour Fire Chief*

Caribou River Community Hall



The Caribou River Community Hall is located on the Sunrise Trail, 10 km from Pictou. It is maintained by a group of dedicated volunteers in

our community. We have parties and meetings and the popular Lunch and Learn program on the 4th Thursday of the month Spring and Fall 11:00 am - 1:00 pm.

June 28 - Name that tune

June 17 - Community Breakfasts with Bake Table (Sunday) 7:00 - 10:00 am.

For more information on our events or to book the hall please contact Donna Bullerwell at 902-485-1484 or check Facebook, District 3 Community News.



Plymouth Community Centre

Welcome spring! Welcome, everyone, to the Plymouth Community Centre!

A fresh beginning for us is to continue with renovations at the centre to make the facilities safer, more comfortable and attractive. You may have noticed the red doors as you drive by! Now, thanks to support from the Province of Nova Scotia with a focus on accessibility and the expertise of MacGibbons Contracting, all three entrances have been greatly improved! This is an important accomplishment as a primary focus of our board is to make the centre warm and inviting for all members of the community.

The Golden Glen Seniors group continues to meet on Tuesday afternoons in their community room and invite new members to join in for an enjoyable afternoon of cards, snacks and friendship. We must pay honour and say goodbye, this month, to our friend Katie Brennan. We sincerely appreciated Katie's tenacity, as it was her enthusiasm that convinced our councillor, Andy Thompson, to work towards restoration of the original Senior's Room. She will remain forever an important part of our community history and the room will continue to be enjoyed by many.

It has become a tradition at the Centre to host our seniors for 'Sing Away the Blues' gatherings, especially during the winter months. We apologize for breaking that pattern this winter due to health issues and hope to continue in the future.

Cheryl Lays continues to lead the Adult Fitness Group with classes scheduled on Mondays and Fridays at 9:00 am and on Wednesdays at 4:30 pm.

You can contact Cheryl at nanacher47@eastlink.ca for more information or to check times.

Amanda MacLeod brings calm to the Centre by providing yoga sessions at 7:00 pm on Tuesday and Thursday evenings. Feel free to drop by the Centre or give Amanda a call at 902-695-6159.

Heather (Cameron) Leeder continues to instruct and provide music at the Centre and her Cape Breton Square dances are enjoyed by many. She is planning her year-end recital for her students for 6:30 pm, June 10th and her Wildflower Music. She can be contacted at info@heathercameron.ca.

This month is exciting for students of the Grant School of Dance, under the direction of Pamela Grant, who considers our fitness/studio their home base. An examiner from the British Association of Dance will be in the province to conduct exams.

Music lovers in the area look forward to Kitchen Rackets, thanks to Mary Batchilder and friends.

Tentative plans are being made for September...check notices and FB posts. Candace Chisholm continues to offer craft classes in the Golden Glen room and everyone is encouraged to check out her FB posts.

The Plymouth Art Group is on the go again providing an enjoyable venue for creating and sharing ideas. They have their own FB page and can be found in the GG Room every Thursday from 1:00 to 4:00 pm.

First Aid instruction is offered at the Centre, usually on the last weekend of each month, under the direction of Dave Ryan. For more information, contact

Dave at davefirstaid@eastlink.ca.

Over the past several years, we have offered a Summer Recreation program at the Centre for children ranging in age from 5 (with school experience) to 12 years. Last summer, we combined our efforts with the neighbouring communities and volunteers of Springville and Churchville, allowing more children to participate. Our program relies on funding from the three levels of government... plans hinge on these decisions. Please check our FB page for updates in the coming weeks. We can also be contacted at plymouthrecreation@gmail.com.

The Centre has become a hub of activity for many events and celebrations. We attempt to

accommodate as much as time and rental space allows. We look forward to the planned improvements making the building more efficient and attractive. We encourage and ask everyone using the space to take the time to tidy up, sweep and sort recycling and garbage. We have a small group of volunteers and having everyone work together is very much appreciated.

For more information or if you are interested in renting space, you may contact one of our team members: Ruth Thompson at 902-752-2307, Janet MacDonald at 902-752-1018 or Dorothy Benoit at 902-752-3809. You may also contact on our Plymouth Community Centre FB page.

Are you a Genealogy Enthusiast?

Pictou County Roots Society (PCRS) is a registered non-profit organization. The society held its first monthly meeting on November 11, 1998 for the purpose of assisting the public in genealogical research and preserving historical records so that they may be available for public use.

To further these aims, the society has formed working partnerships with the New Glasgow Branch of the Pictou Antigonish Regional Library, the Town of New Glasgow and the Pictou County Historical Society.

Monthly meetings are held on the second Tuesday of each month in the Program Room of the New Glasgow Library. Members and guests are always welcome. For information on membership contact the office at the address/phone number below.

The Pictou County Roots Society has many resources available for genealogy researchers. The PCRS has over 100

cemeteries recorded and a collection of over 60,000 obituaries of the Pictou County area. Volunteers and staff are happy to assist the visitors.

For more information please call (902-752-9543) e-mail roots@parl.ns.ca, or visit our web site at www.parl.ns.ca/roots. You can also come in to our office at 182 Dalhousie Street, New Glasgow Tuesday to Friday from 10:00 am to 4:00 pm.

Judge Clyde Macdonald, our local historian, will be having his 15th Book Launch on August 11, 2018 at 2:00 pm at the New Glasgow Library. The book is titled "Nova Scotians at Home and Abroad."

Also we have some of his other books which are: (Pictonians In & Out of Court, Crimes, Trials, Duels, Accidents), Stories from Pictou County's Past, More Stories from Pictou County's Past, Notable Pictonians and More Notable Pictonians.

Heartland Tour - It's Fun and Good for You Too!

"If I had known it was this much fun, I would have joined Heartland Tour years ago." That's what a smiling Jim Proudfoot told Kathy Saulnier after completing the 50 km bike ride last year. Stellarton resident, Kathy Saulnier has been helping to organize the Pictou County segment of the Heartland Tour since 2007.

On Tuesday, July 10th the Heartland Tour returns to Pictou County. In its 12th consecutive year, our Core Team will join Pictou County in a celebration of healthy communities. We'll have a bike ride along Nova Scotia's first section of the Blue Route, a shorter ride for those who want a more moderate distance and pace, and walks - all starting and finishing at the Pictou County Wellness Centre. It's all free, registrants get a t-shirt and we'll enjoy a light lunch with some prizes as well.

It's all about getting our bodies in motion for the health and wellness benefits that medical science tells us will result. But here's the real good news, find some activities you enjoy and do them regularly and we guarantee you one thing - you will feel better in mind and body almost immediately.

We all know just getting up and moving our bodies is good medicine for everyone, young, old and in between. Humans have been busy working since we first set foot on this earth. It is only in recent years that we have had all the labour saving devices, automobiles, and, yes, flickering screens to entertain us 24 hours a day. Unfortunately, too many of us today are using the advances of technology but ignoring the needs of our

bodies that weren't designed for hours of sitting each day.

Kathy Saulnier knows this well, her career put her on the front line in helping people deal with cardiovascular disease. And Kathy not only talks the talk, she walks the walk - or, more correctly, swims, runs and cycles. "I have been involved with HLT since its inception, and the growth I see each year is astounding. It makes me believe we are effectively delivering our message of enjoying an active lifestyle, and all the perks that result."

Pictou County is rich in outdoor recreational opportunities. If you prefer to walk or ride your bike off road why not try the Jitney Trail, a good even surface, safe environment and the peace and tranquility of forest, field, and shoreline. If a little rougher terrain is to your liking a growing network of hiking trails are being developed. We have a number of quiet rural roads that offer great road riding for all abilities. Our Wellness Centre offers many options to support your active lifestyle.

Kathy and her Pictou County team invite you to join them on Tuesday, July 10th at the Wellness Centre when the Tour returns to our county. Will there be super fit cyclists on expensive bikes and funny clothes? Yes, but here's the thing, they know the day is not about them, it's about you. And as Jim Proudfoot said, it's fun. We promise you'll finish the day feeling better about yourself and your community. Registration and event details are on our website at www.heartland.ca or visit us on Facebook - HeartlandTourNovaScotia.



Pictou-Antigonish Regional Library

With locations in Antigonish, New Glasgow, Pictou, River John, Stellarton, Trenton, Westville and Books by Mail (BBM) for rural residents, the Pictou-Antigonish Regional Library (PARL) has a wide variety of items to borrow ranging from traditional books, large print, audiobooks and alternative reading formats for those individually and physically impaired, to sports equipment and even Nordic Walking Poles! Sign up for a free library card online at www.parl.ns.ca, by phoning (902) 755-6031 or toll-free at 1-866-779-7761, or stop into any of our locations and discover what your library can do for you.

BOOKS BY MAIL - Materials delivered to your mailbox free of charge!

This service allows library card holders who are rural residents, to borrow books and other material delivered to their mailboxes (with return postage), free of charge! BBM users are also exempt from overdue fines when using this service, and can use it in addition to visiting any of our libraries. To find out if you qualify, email BBM@nsggp.library.ns.ca or call us toll-free at 1-866-779-7761.

LET THE LIBRARY COME TO YOU!

Whether it be through lunch and learns, afternoon teas or various association meetings, remember that the library can also come to your community too! Maybe it's to help people learn more about specific library services, or even a session on how to access library-related materials and

services on tablets and smart devices. Whatever the case may be, we can tailor a talk to the needs of your group or community.

If you're interested in having the library come to speak at your event, meeting, or group gathering, just call us a few weeks in advance at (902) 755-6031, toll-free at 1-866-779-7761, or email us at info@parl.ns.ca.

HOW TO FIND US!

- Our website - www.parl.ns.ca
- Facebook - Pictou-Antigonish Regional Library & The People's Place:
- Twitter - @PARLevents
- **Library contact information** (Hours of operation for each library may vary)
 - Antigonish Town and County Library: (902) 863-4276
 - Books by Mail service: (902) 755-6031 or toll-free at 1 (866) 779-7761
 - New Glasgow Public Library: (902) 752-8233
 - Pictou Library: (902) 485-5021
 - River John Library: (902) 351-2599
 - Stellarton Library: (902) 755-1638
 - Trenton Library: (902) 752-5181
 - Westville Library: (902) 396-5022



Municipality of the County of Pictou Members of Council

Dist. #1	Don Butler	902-926-2589	Dist. #9	Peter Boyles	902-755-3938
Dist. #2	Deborah Wadden	902-752-1303	Dist. #10	Randy Palmer	902-922-2277
Dist. #3	Darla MacKeil	902-759-2792	Dist. #11	Andy Thompson	902-695-2356
Dist. #4	Ronald Baillie	902-351-2764	Dist. #12	Chester Dewar	902-923-2931
Dist. #5	Wayne Murray	902-485-9194			
Dist. #6	Robert Parker	902-925-2240		Warden - Robert Parker	
Dist. #7	David Parker	902-396-3481		Deputy Warden – Wayne Murray	
Dist. #8	Larry Turner	902-921-1227			

Municipality of Pictou County Municipal Administration Building

Administration/CAO
Administration Building
46 Municipal Drive
P.O. Box 910
Pictou, NS
BOK 1H0



Phone: 485-4311 or 752-1530
Fax: 485-6475
Building Inspection: 902-485-4588
By-Law Enforcement: 902-485-8640
9-1-1 Civic Addressing: 902-485-1201
Public Works: 902-485-4085
Recreation: 902-485-8528

The Municipality of the County of Pictou Newsletter is produced by Pictou County Recreation.

For more information or submissions contact Cindy Fraser at the Recreation Office.

Phone: 902-485-8528 or 902-752-1530

Fax: 902-485-6475

E-mail: cindy.fraser@munpict.ca

Don't Be Left Out of the Next Newsletter!

Pictou County Recreation will be accepting information to be included in the next newsletter until October 12th, 2018. The next issue will be distributed in late November. Any group or organization wishing to submit information can do so via mail, fax or e-mail. If you have any questions feel free to contact the Recreation Office. **Please limit submissions to 500 words to allow enough space for all volunteer groups.**

Please note that the Editor of the newsletter and the Municipality retains exclusive control over the content and format of the newsletter. All information submitted for publication will be subject to editing by the Municipality and will be included or excluded in the newsletter at the sole discretion of the Municipality.

Errors? Omissions?



If any of the contacts or groups in this newsletter have changed, please contact Cindy Fraser at the Pictou County Recreation Office at 902-485-8528 or 902-752-1530.